



# NLA Summer Catalog

## EARLY ED-GRADE 12 ACTIVITIES



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## HELLO FROM NEW LIFE ACADEMY

Thank you for choosing to spend your summer at New Life! Summer is a wonderful opportunity to meet new friends, explore fun experiences, and create lasting memories. We're proud to offer engaging programming and exciting camps your student is sure to enjoy.

We are honored to have been voted **Best of Woodbury** for "Best Summer Camp Program" three years in a row—an achievement that reflects our commitment to providing an exceptional summer experience for your student!



*Note: All summer programming is closed June 29-July 3 for building maintenance.*

**Questions?** Contact Charlie Hoaglund, Youth Activities Manager

 [charliehoaglund@newlifeacademy.org](mailto:charliehoaglund@newlifeacademy.org)  
 (651) 757-4178

# Summer Blast

Join the NLA Summer Blast program for the best summer ever! Each day includes age-appropriate activities, crafts, gym time, recess, field trips, and more. Snacks are provided, but students **must bring a lunch** and drink each day.

## 33 MONTHS THROUGH ENTERING 5TH GRADE\*

### EARLY ED: 33 MONTHS-ENTERING KINDERGARTEN

### LOWER SCHOOL: ENTERING 1ST-5TH GRADE

Monday-Thursday (1-4 days per week)  
7:30 AM-4:30 PM.....\$89/day  
9:00 AM-3:00 PM.....\$59/day

*\*Kids under 4 years old will not participate in off-site field trips; kids over 3 years old must be potty-trained.*

### REGISTRATION DETAILS

Registration opens first for current NLA families February 3rd and is first come, first served. Public Registration opens on February 9th. A Summer Blast t-shirt will be provided to wear on field trip days.

### CANCELLATION POLICY \*New this year!

All families pay in full at time of registration - no refunds.



# Summer Blast Activities

Week	Date	Activity	On Site	Field Trip
Week 1	June 1	Inflatables	✓	
	June 2	Good Times Park- Woodbury		✓
	June 3	Perpetual Motion		✓
	June 4	Abrakadoodle	✓	
Week 2	June 8	Luke Winger	✓	
	June 9	Carpenter Nature Center		✓
	June 10	Early Ed: Lookout Ridge; Lower School: MN History Center		✓
	June 11	Gopher Stem Science Show	✓	
Week 3	June 15	Science Crew	✓	
	June 16	Early Ed: Edinborough; Lower School: Skateville		✓
	June 17	SideKick Theater (Robin Hood)		✓
	June 18	Build an Animal	✓	
Week 4	June 22	Little Blue's Traveling Zoo	✓	
	June 23	Como Zoo		✓
	June 24	Woodbury 10 Theater (The Lion King 1994)		✓
	June 25	Silent Disco	✓	
Week 5	NO SUMMER PROGRAMMING			
Week 6	July 6	Abrakadoodle	✓	
	July 7	Early Ed: The Blast in Eagan; Lower School: Grand Slam		✓
	July 8	Early Ed: Tropical Fun Playground; Lower School: Destination Playground		✓
	July 9	Sports Day	✓	
Week 7	July 13	Snapology	✓	
	July 14	The Works Museum		✓
	July 15	Chuck E Cheese		✓
	July 16	Mik-Mart	✓	
Week 8	July 20	Color Me Mine	✓	
	July 21	Dodge Nature Center		✓
	July 22	Stages Theatre		✓
	July 23	Big Screen Cinema (David 2025)	✓	
Week 9	July 27	RAD Zoo	✓	
	July 28	Good Times Park-Eagan		✓
	July 29	Science Museum		✓
	July 30	U of M Raptor Center	✓	
Week 10	August 3	Inflatables	✓	
	August 4	Minnesota Zoo		✓
	August 5	Pump It Up		✓
	August 6	Early Ed: Hudson GNG; Lower School: Sky Zone		✓



A large central image showing a group of children in a classroom setting. The title "Summer Camps" is overlaid in a large, green, sans-serif font. Below the title, a horizontal yellow line separates the title from the text below. The text reads: "New Life has many exciting athletic, STEAM, and art camps planned for your student this summer! Camps must be paid in full at the time of registration; no refunds will be available unless NLA cancels the camp." A small note at the bottom left of the central image states: "\*Age range refers to the grade your student will be entering in the fall." The background of the central image shows children in a classroom with windows and an exit sign.



# Week 1: June 1-4

**Camp Title:** Baseline Lifting Program

**Instructor:** NLA PE Teacher, Mr. Kvitrud

**Date:** 6/1/26-7/30/26 (**M, W all summer**)

**Time:** 10:35 AM-12:05 PM

**Location:** NLA Weight Room

**Age Range:** 7th-12th Grade

**Cost:** \$140.00

**Description:** This session is designed for student athletes who are new to weightlifting or those who are looking for overall muscular or cardio fitness. Students will get an introduction on weightlifting safety and blend a mix of muscular endurance, muscular strength, and cardiovascular fitness exercises. Most exercises will be multiple sets to establish a high level of baseline fitness.

**Camp Title:** Basketball Strength Training

**Instructor:** NLA PE Teacher, Mr. Kvitrud

**Date:** 6/1/26-7/30/26 (**M, W all summer**)

**Time:** 9:00 AM-10:30 AM

**Location:** NLA Weight Room

**Age Range:** 7th-12th Grade

**Cost:** \$140.00

**Description:** This session will focus on strength training exercises specifically designed for basketball athletes. A large focus of the program will be focused on lower body muscular strength and endurance. Student athletes will also have a strong mix of conditioning competitions and routines built in.

**Camp Title:** Boys Basketball Summer Skills (June Sessions)

**Instructor:** NLA Basketball Coaches

**Date:** 6/1/26-6/24/26 (**M, W**)

**Time:** 7:15 AM-8:45 AM

**Location:** NLA Gyms

**Age Range:** 7th-12th Grade

**Cost:** \$55.00

**Description:** Boys Basketball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.



# Week 1: June 1-4 (cont.)

**Camp Title:** Girls Basketball Summer Skills (June Sessions)  
**Instructor:** NLA Girls Basketball Coaches  
**Date:** 6/1/26-6/24/26  
**Time:** 10:30 AM-12:00 PM  
**Location:** NLA Gyms  
**Age Range:** 7th-12th Grade  
**Cost:** \$55.00

**Camp Title:** Girls Soccer Summer Skills (June Sessions)  
**Instructor:** NLA Girls Soccer Coaches  
**Date:** 6/1/26-6/24/26 (M,W)  
**Time:** 3:30 PM-5:30 PM  
**Location:** NLA Soccer Field  
**Age Range:** 8th-12th Grade  
**Cost:** \$55.00

**Camp Title:** The Day the Crayons Summer Camped at NLA!  
**Instructor:** NLA Kindergarten Teacher, Mrs. Doherty  
**Date:** 6/1/26-6/4/26  
**Time:** 8:30 AM-11:00 AM  
**Location:** NLA Classroom  
**Age Range:** Pre-K-2nd Grade  
**Cost:** \$125.00

**Description:** Girls Basketball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.

**Description:** Girls Soccer Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.

**Description:** Explore the world of color and humor through science, technology, literature, and art.



# Week 1: June 1-4 (cont.)

**Camp Title:** Fast, Fit, Faithful, and Fun!

**Instructor:** NLA 5th grade teacher, Mr. Arend

**Date:** 6/1/26-6/25/26 (M-TH)

**Time:** 9:00 AM-11:30 AM

**Location:** Outside and NLA Gym

**Age Range:** 3rd-7th Grade (Girls Only)

**Cost:** \$100.00 per week or \$350.00 for all weeks.



**Camp Title:** Boys Soccer Summer Skills (June Sessions)

**Instructor:** NLA Boys Soccer Coaches

**Date:** 6/2/26-6/25/26 (T,TH)

**Time:** 4:00 PM-6:00 PM (5th-8th Grade)

4:45 PM-6:45 PM (9th-12th Grade)

**Location:** NLA Soccer Field

**Age Range:** 5th-12th Grade

**Cost:** \$55.00

**Description:** The next generation of Christ following and empowered female athletes are ready to develop NOW! If your daughter loves to move and would love to be stronger and faster, we are about to take her training to the next level! Mr. Arend has a passion for training athletes. He will also be helped by NLA Upper School athletes with a passion for faith and sports. What if your daughter could enhance her athletic ability, deepen her faith, and enjoy movement with other active girls? This summer training experience is for girls going into grades 3-7 that want to:

- 1) Improve in the Presidential fitness testing areas through circuit training involving speed, strength, and coordination stations.
- 2) Play fun games that develop athleticism, strength, coordination, and speed.
- 3) Participate in relays to improve skill in sports
- 4) Take time to read God's word, reflect on their relationship with Jesus, and pray each day while bonding with other Christian athletes.
- 5) Participate in relaxing crafts, art, and service-oriented activites.

**Description:** Boys Soccer Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies. Players will break out into the following age ranges: 5th-8th grade and 9th-12th grade.

# Week 2: June 8-11

**Camp Title:** Girls Volleyball Summer Skills (June Sessions)

**Instructor:** NLA Volleyball Staff

**Date:** 6/8/26-6/24/26 (**M, W**)

**Time:** 3:30 PM-5:30 PM

**Location:** NLA Gym

**Age Range:** 5th-12th Grade

**Cost:** \$55.00

**Description:** Girls Volleyball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies. Players will break out into the following age ranges: 5th-8th grade and 9th-12th grade.

**Camp Title:** Girls Summer Soccer Skills Training

**Instructor:** NLA 5<sup>th</sup> Grade Teacher, Mr. Arend

**Date:** 6/7/26-6/28/26 (**Sundays in June**)

**Time:** 6:45 PM-7:45 PM

**Location:** NLA Soccer Field

**Age Range:** 3rd-7th grade

**Cost:** \$40.00

**Description:** Open to incoming 3rd-7th grade girls, these soccer skills sessions will focus on both tactical and technical skills designed to prepare girls for middle school and high school soccer! Sessions will be led by former NLA Girls Varsity Soccer Coach, Mr. Arend

**Camp Title:** S.T.E.M. Camp

**Instructor:** NLA 3<sup>rd</sup> Grade Teacher, Mrs. Dahlen

**Date:** 6/8/26-6/11/26

**Time:** 9:30 AM-11:30 AM

**Location:** NLA Classroom

**Age Range:** 4th-5th grade

**Cost:** \$150.00

**Description:** This 4 day camp will include a number of S.T.E.M. activities. The students will learn about Rube Goldberg and make their own chain reaction machines. There will also be a Slime Lab, where the students will make different types of slime and learn about their properties. Finally, we will have a Bubble Lab where the students will learn about the density and surface tension.



# Week 2: June 8-11 (cont.)

**Camp Title:** Youth Summer Basketball Skills Training; Session 1  
**Instructor:** NLA Coaches and Staff  
**Date:** 6/7/26-6/28/26 (**Sundays in June**)  
**Time:** 5:00 PM-6:30 PM  
**Location:** NLA Gyms  
**Age Range:** 3rd-6th grade  
**Cost:** \$40.00

**Description:** Open to incoming 3rd-6th graders (boys & girls) for the 2026-27 school year. This summer basketball skills training is designed for players who want to take their game to the next level. Sessions focus on fundamental skill development, confidence, and game readiness to prepare athletes for in-house, traveling, and middle school basketball. Players may register for one or both sessions. Training will be led by New Life Academy coaches and staff with extensive basketball backgrounds.

**Camp Title:** Minecraft Survival Camp: Defeat the Ender Dragon  
**Instructor:** Tech Academy  
**Date:** 6/8/26-6/11/26  
**Time:** 10:00 AM-12:00 PM  
**Location:** NLA Classroom  
**Age Range:** 1st-5th Grade  
**Cost:** \$115.00

**Description:** Unleash your creativity as you work collaboratively! Create a world with others in multiple, unique, themed escape room adventure maps. Our mission is to race through the end and escape the Ender Dragon. Students will get a copy of the world to continue at home. We will be using the PC/Java edition of Minecraft. Bring a USB drive to save your games on the last day. Minecraft is a Mojang Studios trademark. This camp is not affiliated with them.

**Camp Title:** Extreme Robotics: Robo-Wars  
**Instructor:** Tech Academy  
**Date:** 6/8/26-6/11/26  
**Time:** 12:30 PM-2:30 PM  
**Location:** NLA Classroom  
**Age Range:** 2nd-6th Grade  
**Cost:** \$115.00

**Description:** Get ready for an exciting class filled with new builds and challenges! Students will take their engineering skills to the next level by constructing remote-controlled robots inspired by the popular Discovery Channel show Battle Bots. Using LEGO Robotics systems and specialized Technic engineering components, they'll build extreme machines designed for competition. Working in small teams of two to three, students will test, re-engineer, and morph their robots to become better, stronger, and faster before entering them into a high-energy tournament on the final day.



# Week 3: June 15-18

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**Camp Title:** Armor of God Dance Camp  
**Instructor:** Spirited Feet  
**Date:** 6/15/26-6/18/26  
**Time:** 9:30 AM-11:30 AM  
**Location:** NLA Worship Center  
**Age Range:** 3rd-5th grade  
**Cost:** \$125.00

**Description:** In this four-day camp we will dance our way through Ephesians 6:10-18 with daily stories, Bible verses, prayer, crafts, and snacks. We will learn WHAT the armor of God is and HOW we put it on and WHY we need it. Wear comfortable clothing; ballet shoes or tennis shoes are recommended. Dancers will share what they learned in an informal show during the last 15 minutes of the last day of camp.

**Camp Title:** 3 Day Volleyball Summer Camp  
**Instructor:** NLA Volleyball Coaches  
**Date:** 6/15/26-6/17/26  
**Time:** 9:00 AM-12:00 PM  
**Location:** NLA Gyms  
**Age Range:** 5th-8th Grade  
**Cost:** \$130.00

**Description:** NLA Volleyball coaches and athletes are excited to share the game with the next generation of Eagles. An emphasis will be placed on building skills and knowledge to be able to enjoy the game more fully. Players should wear appropriate clothing, and footwear.



# Week 4: June 22-25

**Camp Title:** Minecraft Mod Development: Mega-Tools & Mobs  
**Instructor:** Tech Academy  
**Date:** 6/22/26-6/25/26  
**Time:** 10:00 AM-12:00 PM  
**Location:** NLA Classroom  
**Age Range:** 2nd-6th Grade  
**Cost:** \$115.00

**Description:** Get ready to power up your Minecraft world! In this exciting camp, students will create their very own supertools, design fun or fearsome custom mobs, and invent tasty new foods to keep their characters energized. Using MCreator for Minecraft: Java Edition, students will learn the basics of coding logic while building and testing their mods. Each day combines step-by-step projects with creative time to explore new ideas. Bring your imagination, teamwork, and a USB drive. Students should be comfortable using a computer. Minecraft is a Mojang Studios trademark. This camp is not affiliated with them.

**Camp Title:** Pokémon- Inspired Coding & STEAM Adventures  
**Instructor:** Tech Academy  
**Date:** 6/22/26-6/25/26  
**Time:** 12:30 PM-2:30 PM  
**Location:** NLA Classroom  
**Age Range:** 1st-5th Grade  
**Cost:** \$115.00

**Description:** Step into the world of Pokémon within a week of STEAM adventures! Students will design and build their own coding projects, from interactive games to creative animations, while also making Pokémon-themed stop motion films. They'll construct sets and props, tackle fun STEAM challenges, and bring their ideas to life through coding and creativity. Along the way, students strengthen problem-solving and teamwork skills. Basic reading skills recommended. Bring a USB drive on the last day. Pokémon is a trademark of Nintendo of America Inc. This camp is not affiliated with them.



# Week 4: June 22-25 (cont.)

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**Camp Title:** Red Cross Babysitting  
**Instructor:** NLA Nurse, Mrs. Nordgren  
**Date:** 6/23/26-6/24/26  
**Time:** 9:00 AM-1:00 PM  
**Location:** NLA  
**Age Range:** 6th-8th Grade  
**Cost:** \$85.00

**Description:** The Red Cross Babysitting Basics class can prepare you for your first babysitting job or help you develop the skills needed to improve the good work that you already do. With a focus on safely and responsibly caring for infants and children, choosing age-appropriate activities, child behavior and more, this babysitter certification class is an excellent way to start, or build, your babysitting business.

The Babysitter's Training course can help you provide confident, capable care to infants and kids ages 10 and younger. Throughout the course you'll learn leadership skills, how to develop a babysitting business, get expert advice on keeping yourself and others safe, get tips on how to help children behave, and learn about basic childcare and basic first aid (responding to emergencies and choking is covered, but not CPR in this course). After successfully completing Babysitter Training you'll receive a printable certificate that you can share with potential employers.



# Week 5: NO SUMMER CAMPS (June 29- July 2)

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# Week 6: July 6-9

**Camp Title:** Boys Basketball Summer Skills (July Sessions)

**Instructor:** NLA Basketball Coaches

**Date:** 7/6/26-7/29/26 (**M, W**)

**Time:** 7:15 AM-8:45 AM

**Location:** NLA Gyms

**Age Range:** 7th-12th Grade

**Cost:** \$55.00

**Description:** Boys Basketball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.

**Camp Title:** Girls Basketball Summer Skills (July Sessions)

**Instructor:** NLA Girls Basketball Coaches

**Date:** 7/6/26-7/29/26

**Time:** 10:30 AM- 12:00 PM

**Location:** NLA Wetsel Court

**Age Range:** 8th-12th Grade

**Cost:** \$55.00

**Description:** Girls Basketball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.

**Camp Title:** Girls Volleyball Summer Skills (July Sessions)

**Instructor:** NLA Volleyball Coaches

**Date:** 7/6/26-7/29/26 (**M, W**)

**Time:** 3:30 PM-5:30 PM

**Location:** NLA Gyms

**Age Range:** 5th-12th Grade

**Cost:** \$55.00

**Description:** Girls Volleyball Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies. Players will break out into the following age ranges: 5th-8th grade and 9th-12th grade.



# Week 6: July 6-9 (cont.)

**Camp Title:** Boys Soccer Summer Skills (July Sessions)

**Instructor:** NLA Boys Soccer Coaches

**Date:** 7/7/26-7/30/26 (T,TH)

**Time:** 4:00 PM-6:00 PM (5th-8th Grade)  
4:45 PM-6:45 PM (9th-12th Grade)

**Location:** NLA Soccer Field

**Age Range:** 5th-12th Grade

**Cost:** \$55.00

**Description:** Boys Soccer Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies. Players will break out into the following age ranges: 5th-8th grade and 9th-12th grade.

**Camp Title:** Girls Soccer Summer Skills (July Sessions)

**Instructor:** NLA Girls Soccer Coaches

**Date:** 7/6/26-7/29/26 (M,W)

**Time:** 3:30 PM-5:30 PM

**Location:** TBD

**Age Range:** 8th-12th Grade

**Cost:** \$55.00

**Description:** Girls Soccer Summer Skills Sessions are designed to help players grow their game in a focused, competitive, and encouraging environment. Each session will emphasize individual skill development as well as integration of program philosophies.

**Camp Title:** Camp Cornerstone

**Instructor:** NLA Kindergarten Teacher, Mrs. Doherty

**Date:** 7/6/26-7/9/26

**Time:** 8:30 AM-11:00 AM

**Location:** NLA Classroom

**Age Range:** Pre-K-2nd Grade

**Cost:** \$125.00

**Description:** Let's go camping and explore Bible truths through story time, fun camp-style songs, hands on crafts, and a themed snack!



# Week 7: July 13-16

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**Camp Title:** 3D Printing: Minecraft-Inspired

**Instructor:** Tech Academy

**Date:** 7/13/25-7/16/25 **(M-TH)**

**Time:** 10:00 AM-12:00 PM

**Location:** NLA Classroom

**Age Range:** 2nd-6th Grade

**Cost:** \$130.00

**Description:** Learn the ins and outs of 3D design and 3D printing with TinkerCAD in this creative camp. Students will explore 3D modeling skills while designing custom mobs and Minecraft-inspired creations. Along the way, they will experiment with shapes, structures, and design elements that bring their ideas to life. While prints are finishing, campers can take part in Minecraft-themed challenges and even create video games inspired by the block building universe. Each student will have two small, printed designs sent home. Printing and material fees are included. Bring a USB drive on the last day. Minecraft is a Mojang Studios trademark and not affiliated with this camp.

**Camp Title:** Robotic Builders: Battlebots

**Instructor:** Tech Academy

**Date:** 7/13/25-7/16/25 **(M-TH)**

**Time:** 12:30 PM-2:30 PM

**Location:** NLA Classroom

**Age Range:** 1st-5th Grade

**Cost:** \$115.00

**Description:** Let the battles begin! Designed by the experts at MIT, LEGO WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. Students may construct a catapult, ninja star, tank, battle axe, crossbow, and more in this camp! Students will be working in pairs.

# Week 7: July 13-16 (cont.)

**Camp Title:** Youth Summer Basketball Skills Training; Session 2

**Instructor:** NLA Coaches

**Date:** 7/12/26-7/26/26 (Sundays in July)

**Time:** 5:00 PM-6:30 PM

**Location:** NLA Gyms

**Age Range:** 3rd-6th grade

**Cost:** \$40.00

**Description:** Open to incoming 3rd-6th graders (boys & girls) for the 2026-27 school year. This summer basketball skills training is designed for players who want to take their game to the next level. Sessions focus on fundamental skill development, confidence, and game readiness to prepare athletes for in-house, traveling, and middle school basketball. Players may register for one or both sessions. Training will be led by New Life Academy coaches and staff with extensive basketball backgrounds.



# REGISTER!

Current family registration opens Feb. 3rd

Public registration opens Feb. 9th

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