

NLA SKI and SNOWBOARD CLUB

Location: Afton Alps

Winter is here and it is time to hit the slopes at Afton Alps! The **Ski and Snowboard club is open to all students from 5th grade to 12th grade and all levels of abilities from novice (beginner) to the more advanced.** The Club is designed to promote the sport skiing and snowboarding in a safe and friendly environment. It is a great time for students to hang out with their classmates and enjoy the great outdoors.

Ski Club Dates for 2018 ("ALL" Fridays)

***Friday, Jan 5, 12, 19, 26 & Feb 2, 9.**

Make up dates: Friday, Feb 16 & 23.

*Note: **No refunds for missed days***

NLA Ski Club Fees:

Ski Club Lift Ticket and Registration Fee - \$188

Ski Club Season Pass Holder - \$50

Optional fees:

Equipment rentals (\$21), Helmet rental (\$7), Ski corral (free), Beginner Lessons (free).

NLA discounted **adult lift tickets** can be purchased **at Afton Alps.**

***These items are not included in ski club fees and must be paid directly to Afton Alps.**

Logistics: All snowboard and ski equipment can be brought to school the day of the ski trip and will be stored at school in a secured location. **We will load the bus at the main school entrance at 3:20pm and return to school at 9:00pm.** Please make arrangement to pick up your children at that time

Chaperones: It is important to note that although we have several chaperones, both in the chalet and skiing/snowboarding on the slopes, **we rely on the student to come to us if a need arises. This is a great opportunity for students to be independent and be responsible.** NLA Chaperone(s) can be found in the main chalet, 2nd floor in the Oak Room. We highly recommend students ski/snowboard with a buddy. Parents are always welcome to come join us. NLA discounted rates will apply.

Ski and Snowboard Chaperones are needed for each ski trip and lift ticket(s) and rental(s) are at no charge. The number of parent chaperones needed is determined by how many students sign up. Ratio is 1 chaperone per 15 skiers/snowboarders.

Lessons: There are FREE "beginner" lessons available from Afton Alps Ski School for skiers and snowboarders and last for (1) hour. **We strongly encourage students who are skiing/snowboarding for the first time, to sign up for beginner lessons!** Please note: Intermediate to advanced group lesson is available for purchase at ski school for \$40 for 2 hours. Interested in lessons, **please contact Julie Dolan.**

Helmets are required for "all" Skiers and Snowboarders.** If you do not have a helmet, they can be rented for \$7 in Afton's rental shops. ***You will not be allowed to ski without a helmet.

Click here for Ski and Snowboard Registration forms.

Ski/Snowboard Club Additional Information:

1. A Ski Club Waiver must be completed and signed by parent or guardian. The document will serve as a permission slip, registration form, medical authorization and a liability waiver. Ski Club forms can be signed and accessed online.

****REMINDER:** The emergency contact name and phone number must be available during 3:30pm – 9:00pm, in case of accident.

2. Payment of Ski Club fees can be paid through online registration.

3. All NLA Behavior Policies apply to all Ski Club participants. Student not in compliance with these policies will be held accountable according to these policies. Ski Club participation is a privilege and can be removed, if necessary.

4. Before you register, please make sure there are no conflicts with school, sports, or other family activities as **there will be no refunds for missed days** except for injuries incurred which prohibit you from skiing or snowboarding.

5. **All students must ride the bus to Afton Alps to receive a lift ticket.**

6. **All students must be picked up at NLA by 9:00pm at main school entrance.**

Note: Arrangements must be made **in advance** to **pick up your kids at Afton Alps** and it **must be consistent each week**.

7. If Ski Club is cancelled, you will be notified by e-mail and/or an announcement will be made at school. If school is cancelled, then Ski/Snowboard Club is cancelled.

8. Lost and found for Ski club items will be located in the main school office OR call the main office at Afton Alps.

9. **Policy for injured skiers:**

- a.) Ski Patrol will take “injured individual” to the First Aid building
- b.) NLA Chaperone will be notified and parent(s) will be contacted
- c.) Parent(s) will need to decide method of transportation of injured child-
 - 1 Wait and ride the bus back to school **or**
 - 2. Parent will drive to Afton Alps to pick up the child **or**
 - 3. Ambulance or emergency vehicles will drive child to the hospital.Note: Parent will meet their child at the hospital.

10. **Dinner will be served “potluck” in the Main Chalet on the 1st and 6th (last) date of Ski club only.** Hot chocolate, sandwiches and other snacks will be provided in the Main Chalet all other times. Other option for dinner is to bring \$\$ to purchase food in the main chalet. **More information regarding in-chalet chaperones and a sign up sheet for food items will be forthcoming.**

NLA Ski and Snowboard Club Advisors

1. Julie Dolan - dolandj@netzero.com 612-803-8659
2. Marquette Bateman-Ek – marquettebateman-ek@newlifeacademy.org
3. Kevin Kleiner, NLA Athletic Director - kevinkleiner@newlifeacademy.org
4. Lynn Atkinson – Secondary Principal - lynnatkinson@newlifeacademy.org

Your Responsibility Code for Skiing and/or Snowboarding

Afton Alps is committed to promoting ski safety. While visiting Afton Alps, you may be joined on the slopes by traditional alpine skiers, snowboarders, telemark or cross-country skiers, skiers with disabilities, and snowshoers. Always show courtesy to others. Remain aware that there are elements of risk involved with skiing and snowboarding that common sense and situational awareness can help reduce. Know your ability level and stay within it. Observe “Your Responsibility Code” listed below and share the responsibility with others.

1. Always stay in control. Be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Be advised that Afton Alps Ski Area does not mark all potential obstacles or hazards. When marked, poles, flags, fencing, signage, padding or other forms of marking are used to inform the skier/rider of the location of a potential obstacle or hazard. These markers are no guarantee of your safety. It is part of your responsibility under the Your Responsibility Code to avoid all obstacles and hazards. Learn more about safety on the mountain at www.nsaa.org

Afton Alps promotes the use of helmets on the slopes. We urge skiers and riders to wear a helmet - but to ski or ride as if they are not wearing a helmet. Afton Alps views skiing and snowboarding in a controlled and responsible manner - not helmets only - as the primary safety consideration for all skiers and boarders. A skier's behavior has as much or more to do with the safety of the sport as does any piece of equipment.

In 2002, Lids on Kids <http://www.lidsonkids.org/> debuted as a resource for consumers to learn about helmet use in skiing and snowboarding. This site contains FAQs about helmet use, fit and sizing information, general slope safety information, related articles and games, and testimonials about helmet use from well-known athletes, including US Ski Team members. The site has received nearly 2 million hits since it was created.