

## Over the Counter (OTC) Medication Secondary (6<sup>th</sup>-12<sup>th</sup> Grade) Authorization Form (2017–18)

Date: \_\_\_\_

The medications below are available in the Health Office at NLA. Other OTC medications may be given by health office staff with written parental approval (form on NLA health website) with the medication supplied in the original packaging. All prescription medications (including inhalers) require written approval from a healthcare provider and parent. This authorization expires at the end of the school year.

## Please indicate:

- Medications: you would like your child to receive as needed during school hours with your initials.
- <u>Dosage:</u> Medication dosages must follow package directions (see second page). If <u>more</u> than the listed amount is desired, written approval by both a parent and a healthcare provider is required. If <u>less</u> than the listed amount is desired, please indicate the amount below. (Liquid and chewable versions available)
- Frequency: examples: once during school day, every 4 hours
- <u>Notification:</u> Initial this box if you desire to be notified <u>before</u> medication is given. Parents will *always* be notified via email after any medication is given by health office staff.
- Weight: Must be filled out to determine dosage

Parent's (or legal guardian) Signature:\_\_\_\_\_

MEDICATION		As Needed (Initials)	DOSAGE	FREQUENCY	Notify Before Giving
Acetaminophen Brand Name= Tylenol As needed for Minor aches or pains	Regular Strength Oral 325mg/pill For 12 years & older				
Ibuprofen Brand Name=Advil As needed for minor aches or pains Antacid/ Calcium Carbonate	Oral 200mg/pill For 12 years & older  Chewable 1,000mg/tablet As needed for heartburn, sour				
Brand Name=Tums  Halls Mentho-Lyptus	stomach, acid indigestion or upset stomach  Menthol 6.5 mg/drop				
Cough Drops	As needed for cough or sore throat				
	o NLA health office staff to administer				::
I do <u><b>NOT</b></u> want my child	to receive any of the above OTC med	lications at so	chool.		
		Date:			

possess and self-administer non-prescription pain medication (examples: Tylenol, Advil, Aleve). My child understands that he/she <u>cannot</u> share them with other students. This policy does not apply to any drug containing ephedrine or pseudoephedrine. NLA staff may revoke this privilege if the student is abusing this privilege or not following this policy.



## **Medication Package Directions For Your Reference**

	Weight (Pounds)	Age	Dosage
Acetaminophen			
Regular Strength	96-146		1-2
	146+		1-3
Ibuprofen			
Oral Pills (200mg/each)			1-2
Antacid/Calcium			2-3 tablets as
Carbonate			symptoms occur
Halls Mentho-Lyptus Cough Drops			Dissolve 1 drop slowly in the
33482.343			mouth. Repeat every 2 hours as needed.