

News Clips from Food Service 2008 - 2009

Pricing

Due to the increase in food costs; we have having to increase lunch ticket prices this year.

	<u>Elementary Pre K-6th</u>	<u>Secondary (7th-12th)</u>
Full Paid Student Lunch	\$2.60	\$3.00
Reduced Price Lunch	\$.40	\$.40
Second Entrée Helping	(To be Determined on a Daily Basis)	
Adult Lunch	\$3.50	\$3.50

New Life Academy Lunch Program will be offering whole wheat bread and white wheat.

Breakfast:

The breakfast program will be discontinued for the school year 2008 – 2009 due to very low participation in 2007 – 2008. In order for the breakfast program to be successful, we need an average of 30 students participating on a daily basis and we are not seeing that.

We will have breakfast items sold on the ala carte program.

Grab & Go Lunches will be available for grades Pre-K – 12th grade. Students may order a bag lunch instead of a hot lunch if they choose to for the same price. A grab & go lunch will consist of a sandwich/ fruit/ veggies/ dip/ chips and milk.

Lunch

Each Lunch consists of: 2-3 entrees (hot lunch, soup or feature salad)
2-3 side dishes
Milk
Dessert occasionally

Students may purchase only one federally reimbursable meal each day. If students choose to eat a second entrée, they will be charged according to the “posted price” which will vary from day to day depending on the menu.

A second serving of vegetables and fruit are offered to students free of charge. NLA offers a balanced nutritional lunch daily. The federal requirement for menu planning requires that each planned menu provide 1/3 of the recommended Dietary allowances and is analyzed for the following nutrients:

Calories	Calcium
Protein	Iron
Vitamin A	Fat <30% of total

Offer vs. Serve

NLA participates in the National School Lunch Program and serves meals under the “Offer vs. Serve” option, therefore we must:

- Price meals as a unit whether the student selects 3, 4 or 5 items
- Let the student select which items to choose or refuse (students can decline no more than 2 menu items)
- Inform parents of offer vs. serve

Milk

New Life Academy Food and Nutrition Department will make milk substitutions for children with lactose intolerance. Those substitutions include lactose reduced milk or 100% juice. A medical statement signed by a licensed physician must be on file in the school health aide office in order to provide an alternative beverage choice for students.

Computerized Lunch Ticket System – P.I.N. (Personal Identification Number)

New Life Academy has a computerized lunch ticket system. The computer system establishes separate accounts for each student who attends NLA. Students are assigned their own PIN, which is used when depositing money in their accounts, for the use of purchasing a meal, milk, or ala carte. The students will use the same PIN throughout their time at NLA.

It is recommended that students (with the exception of Pre-K and K) memorize their PIN in order to access their accounts and to avoid misuse. The account balance is reduced by the cost of the meal. The computer records and tracks each transaction. Balances remaining in accounts will rollover each year.

New students will receive their PIN at the Elementary Open House or the New Student Welcome. New students who are unable to attend either of these events, will receive their PIN on the first day of school. Payments may be made on a weekly, bi-weekly, monthly or yearly basis.

At this time, we are looking at a different computerized lunch program but have not made a definite decision at this time. We are looking at the pros and cons of both systems and the offerings it gives our parents. I will be sending out more information to our parents when a decision is made.

A la Carte Foods

This year, you will see 3 new pieces of equipment in the a la carte area. This will enable us to offer individual salads, more fruit juices, fresh fruit, different flavors of milk in plastic bottles, yogurt and individual sandwiches.

The sale of any food item that is not included as part of the unitized lunch or breakfast meal is considered an a la carte item.

This would include: additional milk, single items from the main menu, second entrée helping, or snack items.

Free/Reduced Applications:

The applications for free and reduced meals will soon be available. The applications may be picked up at the main school office, from the Food Service Director or on our website.

The free and reduced program is based on your monthly income. Therefore, if your income fluctuates at some time throughout the year, please feel free to come in and pick up an application, as this program is in place to assist you.

Lunch Menus:

The monthly menus are online at our website, www.newlifeacademy.org and will not be mailed to homes unless you do not have internet access.